

SDM Shout Out

Weekly News Updates for SDM Faculty, Staff and Students

SDM's Dr. Frank Scannapieco Investigates Oral Hygiene Tools that Prevent Gum Disease.



Proven oral hygiene tools include the basic toothbrush; toothpaste and floss



Dr. Frank Scannapieco, SUNY Distinguished Professor and chair, Department of Oral Biology

Do probiotics prevent gum disease? Is flossing necessary? Many patients are unable to confidently answer these questions and more due to the abundance of conflicting medical information. However, new UB-led research aims to separate fact from fiction in determining which oral hygiene tools actually prevent gum disease.

The paper, published in the October issue of the Journal of the International Academy of Periodontology, examines the effectiveness of various oral hygiene devices.

The result: Only a handful of self-administered interventions provide additional protection against gingivitis and periodontitis beyond brushing one's teeth with a basic toothbrush. At the moment, all other oral hygiene interventions are only supported by insufficient evidence, says principal investigator Frank Scannapieco, SUNY Distinguished Professor and chair of oral biology in the School of Dental Medicine.

The findings, he says, will help dental practitioners and the public identify best practices for preventing gum disease, which affects nearly half of adults 30 and older in the United States, according to the Centers for Disease Control and Prevention (CDC).

[Click here to read full article.](#)

UB's Hispanic Dental Association Introduces Salsa Dancing as part of Hispanic Appreciation Month





SDM faculty, staff and students learn the art of Salsa Dancing!

On September 24th, the Hispanic Dental Association (HDA) held its Salsa class at the Clark Hall Dance Studio. Students, faculty, and staff of the School of Dental Medicine were invited to learn the basic steps of salsa from HDA President-elect, Stephanie Loo, '23.

This experience was intended to promote wellness, encourage a sense of social integration, and expose members of the SDM community to Latin American culture and music.

If you have any news you would like to share, please contact Kelli at natale@buffalo.edu.

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